Case study

Supporting healthcare staff after peak season

How a private hospital reduced fatigue and raised job satisfaction

81%
Job satisfaction

40%
Fewer resignation requests

24
Group sessions

The challenge

After a demanding peak season, doctors and nurses reported high fatigue, and resignation requests were climbing.

The solution

The hospital worked with Labayh to launch a mental health programme for its clinical staff, with one-to-one sessions and group debriefs.

The result

Within four months, job satisfaction reached 81% and resignation requests fell 40% compared with the same period last year.